

Muso Jikiden Eishin-ryu Iaido and Nihon Jujutsu with Suino Sensei & JMAC Seniors

October 6th, 7th, and 8th, 2023



Don't miss this important weekend with Suino Sensei and several of the JMAC assistant instructors!

Friday the 6th — Dojo opens at 6:00 p.m.

- 7:00 – 8:00 p.m. — Iaido (Stepping drills, fundamentals, Seiza no Bu)

Saturday the 7th — Dojo opens at 8:30 a.m.

- 9:30 – 10:20 a.m. — Iaido (Batto-ho no Bu)
- 10:30 – 11:30 a.m. — Iaido (Testing)
- 11:30 a.m. – 12:00 p.m. — Snack break for those training all day
- 12:00 – 1:00 p.m. — Iaido (Key checkpoints; new waza)
- 1:15 – 2:30 p.m. — Iaido (Key checkpoints; new waza)

- 6:00 p.m. — Group dinner out (details to be announced)

Sunday the 8th — Dojo opens at 8:00 a.m.

- 8:45 – 9:30 a.m. — Jujutsu (Goshin Ho II review)
- 9:30 – 10:00 a.m. — Jujutsu (Judo-waza Ouchi Gari and Kouchi Gari)



*Iaido and Jujutsu with Nicklaus Suino Sensei
October 6th, 7th, and 8th, 2023*

Registration form and fees
due no later than Sep 30th to:

Itten Dojo, Inc.
701 W Simpson Street, Suite C
Mechanicsburg, PA 17055-3716

Name: _____ Total payment \$ _____

• I will participate in:

- | | |
|--|---|
| <input type="checkbox"/> Iaido and Jujutsu (\$110) | |
| <input type="checkbox"/> Iaido (\$75) | <input type="checkbox"/> Family +1 (\$15) |
| <input type="checkbox"/> Jujutsu (\$35) | <input type="checkbox"/> Family +1 (\$15) |

Saturday evening dinner out (individual cost-share) Reservation for _____ people.

I'm not able to participate, but I am donating \$_____ to support this event.

- Payment by card, cash, or check payable to "Itten Dojo, Inc." (Please submit payment at the dojo — thanks!)