

Introduction to Kyudo (Traditional Japanese Archery) with Sabastian Velilla Sensei

May 16th and 17th, 2026



Sabastian Velilla Sensei has studied Budo since 1984 and is a U.S. Army veteran. He completed post-graduate programs in Japanese Studies at Sophia University in Tokyo and Advanced Public Policy at Old Dominion University in Virginia. During his federal career, he administered International Military Education and Training for the Japanese Self Defense Forces under the Department of the Army's Security Assistance Program. A lifelong martial artist, Velilla Sensei has competed and placed in multiple Budo disciplines in both the United States and Japan. His contributions to Japanese culture and martial arts have been recognized internationally — he was nominated for the prestigious Japan Foundation Award in 2023 and 2025, and in 2024 received the *Koroshō Award* from the *Kokusai Budoin* (IMAF Japan) for meritorious service to Budo. Velilla Sensei emphasizes the cultivation of discipline, character, and spiritual growth through training. He is currently President of both *Kashimon Nihon Bijutsu Kai* and the Florida Budokan.

No experience is needed and all necessary kyudo equipment will be provided. Those without a proper martial arts uniform (Japanese style preferred) can wear conservative exercise clothes (no shorts or revealing tops).

Saturday the 16th — Dojo opens at 8:00 a.m.

- 9:00 a.m. – 12:00 p.m. — Training
- 12:00 – 1:00 p.m. — Lunch break (Bring lunch or make a quick trip to Rutter's or elsewhere)
- 1:00 – 4:00 p.m. — Training
- 6:00 p.m. — Dinner out (Location to be announced)

Sunday the 17th — Dojo opens at 8:00 a.m.

- 9:00 a.m. – 1:00 p.m. — Training



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Name: _____

- I will participate in:
 - Saturday and Sunday (\$100)
 - Saturday Only (\$75)
 - Saturday evening dinner out (individual cost-share) Reservation for _____ people.
 - I'm not able to participate, but I am donating \$_____ to support this event.
- Submit payment at the dojo by card, cash, or check payable to "Itten Dojo, Inc."
- To submit payment online, use the PayPal QR Code at right.

Registration form and fees
due no later than **May 8th** to:

Itten Dojo, Inc.
701 W Simpson Street, Suite C
Mechanicsburg, PA 17055-3716

